

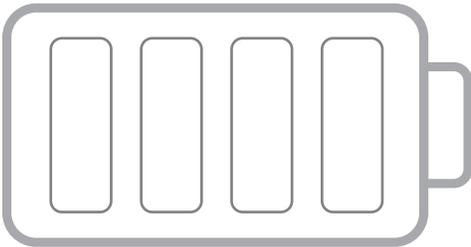
Name _____



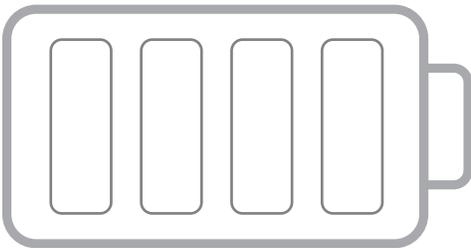
How I Recharge

It's normal for your energy level to change throughout the day. Show your energy level right now, after school, and at home by coloring in the batteries below. Then write or draw the healthy ways you will recharge your energy in the space on the right.

Right Now



After School



At Home

