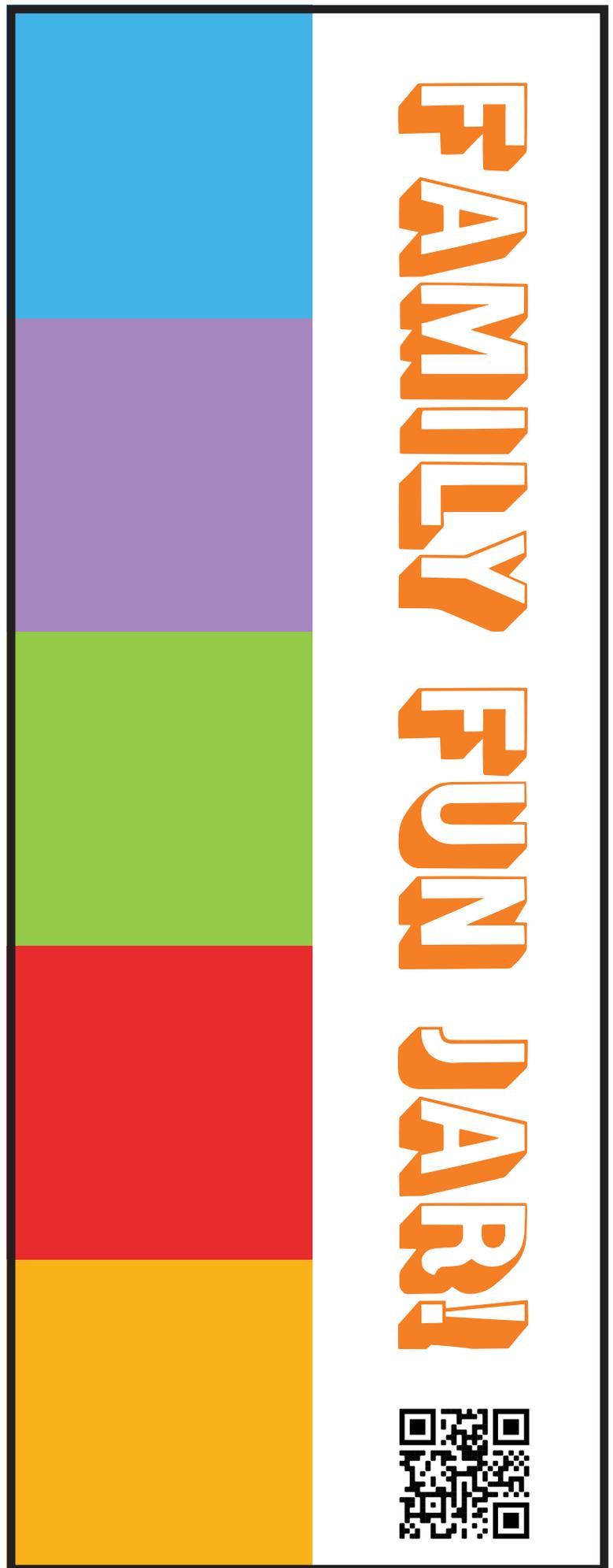


Make a Family Fun Jar!

Cut out the labels and attach them to a jar or bowl to create your own Family Fun Jar! Talk with your family about things you like to do together, such as, go on a nature walk, visit a museum, try a new snack recipe, or play a board game! Write down your ideas on a small piece of paper and place them in the jar. Draw an idea from your jar whenever you're ready for a fun family activity!



Make a Family Fun Jar!

Split your activity ideas into different categories! Try an adventure jar, a calming jar, and a rainy day jar. Then when you need an activity, grab the jar that works best!



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